



Ministry of Health  
Government of India



6<sup>th</sup> International Conference

# KSHAMATVAM 2026

Translational Ayurveda in Autoimmune  
Disorders - Bridging Classical Wisdom with  
Global Healthcare

Host :

Sri Dharmasthala Manjunatheshwara College  
of Ayurveda, Hospital and Research Centre, Udupi



Pre - Conference: 29<sup>th</sup> September 2026

Conference: 30<sup>th</sup> September & 01<sup>st</sup> October 2026



Bhavaprakasha Auditorium,  
Sri Dharmasthala Manjunatheshwara College of  
Ayurveda, Hospital and Research Centre, Udupi



[sdmkshamatvamudupi2026.com](http://sdmkshamatvamudupi2026.com)

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Professor,  
Dept. of P.G Studies in Roganidana

**Dr. Arhanth Kumar A**  
Associate Professor,  
Dept. of P.G Studies in Samhita, Siddhanta & Sanskrit

# GUEST SPEAKERS



## KEYNOTE SPEAKER

### Dr. Shrinivasa Acharya Hejmadi

Professor Emeritus, All India Institute of Ayurveda (AIIA)  
New Delhi, India

## DISTINGUISHED FACULTY



### Dr. Bhushan Patwardhan

Distinguished Scientist &  
Former Vice Chairman, UGC

Pune, India



### Dr. Vishweshwaraiah Prakash

"Padma Shri", Bhatnagar and Rajyotsava  
Awardee; Former Director of CFTRI and  
Distinguished Scientist of CSIR-India

Mysore, India



### Dr. Christian Kessler

Professor of Integrative Medicine,  
Charite University Medicine

Germany



### Dr. Jorge Luis Berra

Physician & Director,  
Fundacion de Salud Ayurveda Prema

Argentina



### Dr. Antonio Morandi

Scientific Director of the ICAM 2016  
Chairman & Director, Ayurvedic Point, Milan,  
Italy President, Italian Scientific Society  
for Ayurvedic Medicine  
Italy



### Dr. Sanjeev Rastogi

Director,  
Department of Integrative Medicine,  
Vatsala Hospital,

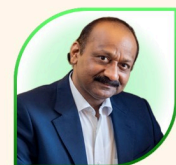
Lucknow, India



### Dr. Rammanohar Puthiyedath

Director,  
Amrita Centre for Advanced Research in Ayurveda,  
Amrita School of Ayurveda, Clappana P.O.,

Kollam, Kerala, India



### Dr. Yogesh Bendale

Senior Ayurvedic Physician & Researcher

Pune, Maharashtra, India



### Dr. Prashanth A S

Principal,  
Ayurveda Mahavidyalaya

Hubballi, Karnataka, India



### Dr. Kishore Kumar

Senior Consultant,  
National Institute of Mental Health &  
Neurosciences (NIMHANS)

Bangalore, Karnataka, India

# PRE-CONFERENCE WORKSHOP

## COURSE 1



### RESEARCH MODELS IN AUTOIMMUNE DISORDERS

**SPEAKER**  
**DR. RAVISHANKAR**  
Distinguished Professor,  
All India Institute of Ayurveda, New Delhi, India



## COURSE 2

### DRUG SURVEY

**SPEAKER**  
**DR. AJAYAN SADANANDAN**  
President, Centre for Indian Medical  
Heritage (CIMH), a research wing  
under The Arya Vaidya Pharmacy  
(AVP) Coimbatore,  
Tamil Nadu, India



## COURSE 1

### MARMA CHIKITSA IN AUTOIMMUNE DISORDERS

**SPEAKER**  
**DR. N.V. SREEVATHS**  
Chief Consultant Physician: At Svasthyakshetram  
Ayurvedic Health Care Centre in Nallepilly, Palakkad,  
Kerala, India



## COURSE 2

### OPD BASED PANCHAKARMA PROCEDURES

**SPEAKER**  
**DR. NIRANJAN RAO**  
Vice Principal [Clinical], Professor and Head,  
Dept. of P.G. Studies in Panchakarma,  
Sri Dharmasthala Manjunatheshwara college of  
Ayurveda, Hospital and Research centre, Udupi,  
Karnataka, India



## REGISTRATION DETAILS

**EARLY BIRD** till 31st August 2026

CATEGORY	REGISTRATION FEE
Undergraduates and Interns	Rs. 2,500 + 18 % GST
P.G and Ph.D	Rs. 3,000 + 18 % GST
Faculties, Researchers & Practitioners	Rs. 3,500 + 18 % GST
International Delegates	60\$ + 18 % GST
BIMSTEC Country Delegates*	45\$ + 18 % GST
Pre-Conference Workshop Registration Fees	Rs. 1,000 + 18 % GST

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## TOP ATTRACTIONS



### Sri Dharmasthala Manjunatheshwara Temple

One of the most revered temples dedicated to Lord Shiva, known for its spiritual significance and unique traditions.



### Shri Krishna Mutt

Its idol of Lord Krishna as a boy (Balakrishna), worshiped only through a silver-plated, nine-holed window called the Navagraha Kindi



### St. Mary's Island

Known for rare basalt rock formations.

## Conference Secretariat

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